

# Power Tools for Men: Design Your Life- The Hero's Quest

## Webinar Handout



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# Design Your Life: The Hero's Quest Webinar Handout

**Rick Broniec & Leonard Szymczak**

**A. Purpose of this webinar:**

- Define the Hero's Quest
- Present the Power Tool: Consciously Design Your Life
- Identify Four Stages: Call, Climb, Crash, and Crest

**B. Survey Questions:**

1. What are you called to do in your life?
2. What stops you from designing your life?
3. What is your current 'wake-up call'?
4. How do you resist the 'wake-up call'?

**C. List the "Four C's"**

- a.
- b.
- c.
- d.

**D. Characteristics of the Call:**

- a.
- b.
- c.
- d.



E. Questions to answer for your call:

- a. What mountain are you called to climb?
- b. How do you want to feel when you reach the top?
- c. What talents and gifts are you called to use?

F. Characteristics of the Climb:

- a.
- b.
- c.
- d.
- e.

G. Questions for the Climb:

- a. What resources or talents do you bring to the climb?
- b. Who can you call on for help?
- c. What qualities do you want in a mentor or climbing buddies?

H. Characteristics of the Crash:

- a.
- b.

I. Questions for the Crash:

- a. How do you usually handle crashes in your life?



b. How do you ask for help?

c. What could you do differently the next time you crash?

J. Characteristics of the Crest:

a.

b.

c.

d.

K. Questions for the Crest:

a. Imagine standing on the top of your mountain. How does it feel?

b. How does the perspective change the way you see?

c. How can you help others reach their crest?



## **Contact Us!**

**For further Information, or to get in touch with Rick or Leonard,  
please check out our website:**

**[www.PowerToolsforMen.org](http://www.PowerToolsforMen.org)**

**Or Contact us by email:**

**[powertoolsformen@gmail.com](mailto:powertoolsformen@gmail.com)**

**Or phone: 414-688-9580**

**To Register for our next webinar, please watch for our Thank You email coming soon  
and simply click on the link!**

## **What others say about Leonard and Rick's work:**

**“This is down-to-earth breakthrough material that weaves heart-felt stories with practical concepts that promote healthy masculinity and help men thrive in the 21st century.”**

— Jack Canfield, New York Times bestselling co-author of the *Chicken Soup for the Soul* series, which has more than 250 titles and 500 million copies.

**“Szymczak and Broniec have cracked the code on modern masculinity. No more modeling manhood after our distant, dominating fathers!”**

— Katherine Woodward Thomas, *New York Times* bestselling author of *Conscious Uncoupling: 5 Steps to Living Happily Ever After* and *Calling in “The One”: 7 Weeks to Attract the Love of Your Life*.

**“By sharing their personal stories and those of men who have been touched by their work over the past thirty years, Broniec and Szymczak empower men to open their hearts and embrace healthy masculinity.”**

— Rich Tosi, Founding President, ManKind Project.



## Our Fabulous Offer!

**Join us for a nine-part webinar series called, “Power Tools for Men.” We are offering the next webinar in this powerful series, “Build Connections” for the reduced investment of \$37.00 (\$12.00 off our regular price of \$49.00- a 25% savings!)**

### **The webinar includes:**

- Access to the webinar and replay
- Handout that outlines the webinar with resources
- PDF eBook with expanded content, stories, and exercises
- Access to the private Facebook page: Power Tools for Men.

**Watch for your “Thank You” email after this webinar.** It will have the link to register for “Power Tools for Men: Building Connections”

For further Information, please check out our website: [www.PowerToolsForMen.org](http://www.PowerToolsForMen.org)

Any questions, contact us by email: [powertoolsformen@gmail.com](mailto:powertoolsformen@gmail.com)



## Resources to Help Men Thrive

### Men's Organizations

- ManKind Project: [www.ManKindProject.org](http://www.ManKindProject.org)
- Victories for Men: [www.victoriesformen.org](http://www.victoriesformen.org)
- Men's Division International: [www.mentordiscoverinspire.org](http://www.mentordiscoverinspire.org)
- Sterling Institute: [www.sterling-institute.com](http://www.sterling-institute.com)
- The Boys to Men Mentoring Network, San Diego, CA: [www.boystomen.org](http://www.boystomen.org)
- Illuman: a not for profit organization for men interested in becoming better, more authentic men. [www.illumian.org](http://www.illumian.org)

### Men's Work

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