

Leonard Szymczak

Media Kit    



Leonard Szymczak, MSW, LCSW is an author, psychotherapist, life coach, and professional speaker in Southern California. For the past 40 years, he has worked both in Australia and America as an educator, writer, and therapist. He was Director of the Family Therapy Program at the Marriage and Family Centre in Sydney, Australia, and later worked with the Family Institute at Northwestern University. He currently writes, counsels clients, and conducts seminars.

He is the bestselling author of 7 books including the latest, coauthored with Rick Broniec, *Power Tools for Men: A Blueprint for Healthy Masculinity*. Leonard has conducted countless seminars and written about men's health, relationships, and personal and spiritual growth. He has been in the forefront of men's healing for 40 years, and his TEDx talk on fatherhood has been viewed over 110,000 times.






Throughout his life, Leonard has been committed to personal growth and believes in the power of the individual to overcome adversity and transform one's life. He utilizes the concept of the hero's journey to help individuals rewrite their stories into amazing adventures.

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Visit his websites: leonardsz.com, fightingforlovenow.com & powertoolsformen.org.



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